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2ND EDITION

TEACHER'S RESOURCE BOOK

**C1**

Advanced

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UNIT 1: LANGUAGE TEST A

# GRAMMAR

Complete the text with the correct form of the verbs in brackets. Sometimes more than one answer is possible.

## Childhood memories

Today, I went to the village where I **(1)** ..... (grow up) as a child. I got really excited when I saw the sign that **(2)** ..... (read) 'Midsummer 6 miles'. Soon I **(3)** ..... (pass) the leisure centre where my mother took me swimming at weekends. All my childhood memories came flooding back – everything from building sandcastles on the beach to my first day at school – and then suddenly I **(4)** ..... (pull away) from my thoughts to allow a cyclist to cross the road. He **(5)** ..... (probably/go) to the leisure centre because I could see his tennis bag which **(6)** ..... (firmly, tie down) to his bike.

I **(7)** ..... (come) to the village to see Mrs Perry my piano teacher. I always called her Mrs Perry because that was the way I **(8)** ..... (bring up); in those days we **(9)** ..... (never/call) our elders by their first name.

When she answered the door it took her a minute before she recognised me. Once inside we had a lot to catch up on – everything that **(10)** ..... (go on) over the years. I told her how I **(11)** ..... (give up) having piano lessons because I **(12)** ..... (really/stop) making progress. When I left I **(13)** ..... (promise) that I **(14)** ..... (come back).

I will go back some day and take my children with me to show them round the village where I **(15)** ..... (live) as a child.

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# VOCABULARY

## Task 1

Complete the sentences with the correct words. The first letter of each word is given.

- 16** As part of the course, we will discuss how to write a m..... plot twist that your readers will not see coming!
- 17** We need a f..... shift in how we think about the value of a holiday. Everyone thinks it's purely a luxury but that's not the case.
- 18** To keep your mind active and e....., you should read actively and try to learn new things such as a foreign language.
- 19** Treat a m..... task such as drafting a report as a chance to practise mindfulness rather than feeling bored and burdened.
- 20** I was told that the movie was very unique and w....., but I was disappointed by the lack of originality and humour in the plot.
- 21** The research was f..... by funding from the British Research Council. Had it not been for their funding, the research could never have gone ahead.
- 22** I am in p..... agreement with the author's comments in which he invites us to accept the current situation and be tolerant. It's often easier said than done.
- 23** I love the quote by Maya Angelou that 'you can only become truly a..... at something you love'.

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## Task 2

Complete the collocations in the sentences.

- 24** It's amazing how actors can remember hundreds of lines .....
- 25** Hopefully this contract will ..... the way for future collaborations between the two companies.
- 26** Having a ..... memory helps me to forget the negative and focus on the positive. That's how I prefer it.
- 27** We can lend you the money, but that's all we can do as far as the support .....
- 28** Talking to another person involved in the same event helps ..... your memory of the finer details; things you had completely forgotten about.
- 29** This course has been designed to help teens navigate the ..... path to adulthood.
- 30** One of the best ways to build a positive attitude is to end each day on a positive .....

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UNIT 1: LANGUAGE TEST A

# USE OF ENGLISH

## Task 1

Use the word given in capitals at the end of some lines to form a word that fits in the gap in the same line.

<h3>Memory in children</h3> <p>Most of us don't have any memories from the first three to four years of our lives. When we do try to think back to our <b>(31)</b> ..... memories, it is often unclear whether they are the real thing or just <b>(32)</b> ..... based on photos or stories told to us by others. Pre-schoolers, on the other hand, can remember events that go years back. It's <b>(33)</b> ..... whether long-term memories at this early age are truly autobiographical – that is <b>(34)</b> ..... relevant events that occurred in a specific time and place. Of course, memory <b>(35)</b> ..... at these ages are not adult-like – they continue to mature until adolescence. In fact, <b>(36)</b> ..... changes in basic memory processes have been put forward as an <b>(37)</b> ..... for childhood amnesia, and it's one of the best theories we've got so far. It's important to remember that, even if we can't explicitly remember <b>(38)</b> ..... events from when we were very young, their accumulation nevertheless leaves <b>(39)</b> ..... traces that influence our behaviour. The first few years of life are paradoxically <b>(40)</b> ..... and yet powerful in shaping the adults that we become.</p>		<p><b>EARLY</b></p> <p><b>COLLECT</b></p> <p><b>DEBATE</b></p> <p><b>PERSON</b></p> <p><b>CAPABLE</b></p> <p><b>DEVELOP</b></p> <p><b>EXPLAIN</b></p> <p><b>SPECIFY</b></p> <p><b>LAST</b></p> <p><b>FORGET</b></p>
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## Task 2

Read the text and complete the gaps with one word only.

<h3>Keeping your mind active</h3> <p>There is little doubt that aging gracefully affects our mental ability and agility. <b>(41)</b> ..... studies have shown that people <b>(42)</b> ..... engaged in actively 'exercising' their brain often do not suffer <b>(43)</b> ..... the same mental decline. There are numerous ways that you can do this in order to keep your mind active. Reading engages your brain <b>(44)</b> ..... words as you try to understand them and apply them to areas of existing knowledge or experience. <b>(45)</b> ..... affects brain functions at many different levels. Don't get caught <b>(46)</b> ..... in the past – try meditating for five to ten minutes every day and learn <b>(47)</b> ..... to focus on the present. Meditation has the power to strengthen the brain. Find a physical activity that you are interested in and enjoy, as your brain gets encouraged <b>(48)</b> ..... the exercise to work at its optimum capacity. Taking up a new hobby <b>(49)</b> ..... as learning a new language or playing a musical instrument stimulates the brain and <b>(50)</b> ..... the mind sharp. A strong brain can last you decades and make your later years fulfilling and pleasurable.</p>
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UNIT 1: LANGUAGE TEST B

# GRAMMAR

Complete the text with the correct form of the verbs in brackets. Sometimes more than one answer is possible.

## Childhood holidays

My parents (1) ..... (never, be able to) afford much in the way of holidays in expensive places. Our holidays (2) ..... (consist) of a week or two visiting relatives. Fortunately, the relative that we usually visited was my mother's aunt, whom everybody called 'Aunt Tee'. I don't know why she (3) ..... (call) that, because her real name (4) ..... (be) Jane.

Nothing (5) ..... (compare) to the thrill of getting into the car and starting on the road. Just outside of town was a railroad siding where two old locomotives stood, and it was always very exciting to hear again how our great grandfather George (6) ..... (drive) one of them. We (7) ..... (always, wait) to reach the point where mother (8) ..... (tell) us that we were passing 'Moving Mountain', where there was such continual sliding of rock and dirt from the side of the hill onto the road, that it seemed the mountain (9) ..... (actually, move). Of course, we (10) ..... (never, see) the mountain move, but just knowing that it (11) ..... (do) was excitement enough.

After that, we knew that we were only a few miles away. All eyes (12) ..... (glue) to the landscape ahead, because it was a great achievement to be the first one to catch sight of the old castle, the most notable landmark of the town, which (13) ..... (not, use) for several decades. There, the castle (14) ..... (stand out), miles away, (15) ..... (tell) us that we were nearly there.

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# VOCABULARY

## Task 1

Complete the sentences with the correct words. The first letter of each word is given.

- 16 They proposed a c..... model of change; one which was yet to become a concrete model.
- 17 What we are planning to use in the movie is c..... technology never seen in the UK before.
- 18 The memory test was looking at how well the participants were able to remember famous brands even if they looked different or had been slightly m.....
- 19 It is a rare piece of research focusing on long-term memory, but it is so seriously f..... that the data it provides is meaningless.
- 20 It is very u..... to find out someone that you know is potentially losing their memory.
- 21 The trio tested their new creation and found it o..... as intended.
- 22 She stayed i..... and only described the candidates based on their suitability for the role and nothing else.
- 23 A s..... amount of forgetfulness was observed. It was certainly a significant amount.

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## Task 2

Complete the collocations in the sentences.

- 24 Our brain usually keeps memories but sometimes tries to ..... memories that are unpleasant.
- 25 My goal is to raise ..... of how exercise benefits cognitive health.
- 26 In this course we show you how much you can do to ..... facts and figures to memory, ready to recall them later in exams.
- 27 I still remember how my mum used to ..... out whenever my sister came back one second after it got dark.
- 28 It is amazing what can ..... a memory. It could be something as simple or as powerful as a smell.
- 29 Working memory ..... a vital role in social, emotional functioning.
- 30 We loved that documentary which depicted the ..... effect of one small act of kindness and how that one small act continues on and on.

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UNIT 1: LANGUAGE TEST B

# USE OF ENGLISH

## Task 1

Use the word given in capitals at the end of some lines to form a word that fits in the gap in the same line.

<b>Dreams</b>	
Dreams occur in all stages of sleep, but they seem to become (31) ..... fragmented	<b>INCREASE</b>
as the night progresses. In general, they appear to be constructed out of a mishmash of prior	
experience. Dreams contain (32) ..... memory fragments: places we've been, faces	<b>CONNECT</b>
we've seen, situations that are (33) ..... familiar. These fragments can either be pasted	<b>PARTIAL</b>
together in a semi-random mess or organised in a structured and (34) ..... way.	<b>REAL</b>
Simply thinking about where these memory fragments are coming from and how they are	
connected together may provide an explanation for the (35) ..... between early and	<b>DIFFER</b>
late-night dreams. (36) ..... of how it happens, it is clear that dreams not only replay	<b>RESPECT</b>
memory fragments but also create brand-new, highly (37) ..... mixtures of memories	<b>CREATE</b>
and knowledge. Although we don't quite understand how dreams achieve this type of innovative	
(38) ..... of material, it seems clear that the (39) ..... brain is somehow	<b>COMBINE, SLEEP</b>
freed of constraints and can thus create whole sequences of free (40) .....	<b>ASSOCIATE</b>

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## Task 2

Read the text and complete the gaps with one word only.

<b>Solo travelling</b>	
If I told you I wanted to travel alone in Latin America for three months, what's the first thing that pops into your head? Now imagine what my mum thought when I, her only child who doesn't speak Spanish, told her that. That was three months ago. Now I'm in Mexico, (41) ..... I've almost finished my trip and nothing bad has happened to me. So here are a couple of tips for travelling solo: Always do your research; don't just read travellers' blogs, use reliable sources and stick (42) ..... factual information so you can feel prepared. Bear in mind that there are always some articles online that discuss extreme situations, that are inaccurate or (43) ..... stuff up to scare people. For example, I was a little concerned (44) ..... Cuba before I read up on the current state of affairs and found out (45) ..... it was changing. Remember to call your family and friends (46) ..... time to time. Maybe surprise them and go old-school (47) ..... sending a postcard (it's in the mail, Mum!). Maintaining a strong connection with the people (48) ..... know you best is important. Make friends and hang around with them. Be with others at night (49) ..... than being alone. Be wise and use common sense. Once you feel safe and confident, you can focus (50) ..... the magical experiences and wonder that come with travelling.	

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Total:		50
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